

## **Proposal for Salad Bar Program at Isfeld**

- Identified a need for a healthy, on school, option at Isfeld,
- Huband, Lake Trail and ERR all have salad bar programs operating with huge success.
- For teachers, admins and students, salad bar is set up in hallway, students line up, fresh produce, a lot sourced locally, \$4 as much as you like. Rotating foods, slightly different each week.
- After initial start up costs, it becomes a small ongoing fundraiser for school (about \$100 each week).
- Benefit to all users (teachers, students etc) to have option of healthy, local, affordable, on site lunch option.

## **School/volunteer involvement**

- Needs administration/school support for funding (SD71 is the applicant/eligible donee for grant money), but otherwise organized through the PAC
- Core group of project champions for grant writing, source food, etc
- Labour intensive: 4-6 volunteers for about 4 hours to feed approx 150-200
- Explore idea of involving students: Leadership program, Home EC/foods class prep? (freeze left overs students make soup for following week)

## **Past success/Help with implementation**

- No need to reinvent the wheel.
- Huband, for 3 years, Lake Trail for a few years. ERR 1 year. Expertise available to share and assist.
- Connect with organizer at Reynolds Highschool (Heather Coey) who has been operating a successful salad bar program at high school for a number of years

## **Funding**

- Start up costs vary greatly depending on equipment currently available at school. Required: prep room with fridge, sink, commercial dishwasher, food safe training, start up food, salad bar unit and equipment/utensils, bins etc required. Costs vary depending on what is needed at Isfeld.
- \$12500 if needing to buy commercial dishwasher, sinks, fridge, adapt kitchen space, plus everything else: Foodsafe training, start up food, salad bar unit, plates, utensils, bins etc
- \$5000 if no dishwasher, sinks etc needed
- Grants used at Huband, Ministry of Health, ERR Whole Foods
- Grants currently available: Whole Foods \$10,000, Comox Valley Community Foundation,

## **Proposal:**

If PAC/school admin see value and want to proceed:

1. Research costs (what Isfeld has, what Isfeld needs), create budget
2. Request start up funds from PAC (most grants require a project to have a small amount of "seed" money already)
3. Apply for CVCF grant due Oct 31
4. Apply for Whole Foods grant for remaining funds required
5. Explore options of involving students (leadership program, Foods class etc)